



ABRHS MAY 2015 MENU



Memorial Day May 25th

Cinco De Mayo May 5th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fresh fruit and fresh Vegetables are offered Daily. Menu subject to Change without notice. Meals are planned to Meet the Dietary Guidelines.</p>				<p>1) Breakfast for Lunch! Scrambled Eggs Sausage Patty Home Fried Potatoes Fruit Juice</p>
<p>4) Chicken Caesar Wrap Oven Baked Fries Chilled or Fresh Fruit</p>	<p>5) Tangy Barbeque Rib on Whole Wheat Roll Baked Potato Wedges Tender Green Beans Chilled or Fresh Fruit</p>	<p>6)Build Your Own Burger! Hamburger/Cheeseburger or Veggie Burger on a Whole Wheat Roll Romaine, Tomato, Onion Pickles, Rst Sweet Potatoes Fruit</p>	<p>7) Build a Burrito Bowl! Lean Ground Beef, Rice, Beans, Salsa, Sour Cream, Romaine Lettuce, Tomato, Chilled or Fresh Fruit</p>	<p>8) Pasta with your choice of Meat or Marinara Sauce Wheat Garlic Breadstick Tender Green Beans Chilled or Fresh Fruit</p>
<p>11) Hot Dog on a Whole Wheat Roll Vegetarian Baked Beans Oven Baked Fries Chilled or Fresh Fruit</p>	<p>12) Baked Mozzarella Sticks w/Marinara Sauce Tender Sweet Corn Oven Baked Fries Fruit Choices</p>	<p>13) Taco Salad on Artisian Flatbread w/ Lean Beef, Romaine Lettuce, Tomato, Olives, Cheese, Salsa Onions Chilled or Fresh Fruit</p>	<p>14) Orange Chicken Vegetable Lo Mein Steamed Broccoli Pineapple Chunks Fortune Cookie</p>	<p>15) Pasta with your choice of Meat or Marinara Sauce Wheat Garlic Breadstick Broccoli Chilled or Fresh Fruit</p>
<p>18) Buffalo Chicken Wrap Lettuce, Tomato, Salsa Oven Baked Fries Chilled or Fresh Fruit</p>	<p>19) Ham and Cheddar Quiche Vegetarian Option available Side Salad Chilled or Fresh Fruit</p>	<p>20) Oriental Salad on Artisian Flatbread Steamed Broccoli A Variety of Fruit</p>	<p>21) Chicken Enchiladas Diced Tomatoes, Olives, and Onions Refried Beans Chilled or Fresh Fruit</p>	<p>22) Pasta with your choice of Meat or Marinara Sauce Wheat Garlic Breadstick Broccoli Chilled or Fresh Fruit</p>
<p>25) Memorial Day No School</p>	<p>26) Meat Ball Sub with Marinara Sauce on a Whole Wheat Sub Roll Roasted Sweet Potatoes Chilled or Fresh Fruit</p>	<p>27) Calzone with Southwestern Chicken Tossed Salad Fruit Choices</p>	<p>A-B Sampler!! Chicken Wings Baked Mozzarella Sticks w/Marinara Sauce Fresh Carrot & Celery Sticks Chilled or Fresh Fruit</p>	<p>29) Pasta with your choice of Meat or Marinara Sauce Wheat Garlic Breadstick Tender Green Beans Chilled or Fresh Fruit</p>

Available Daily; Turkey and Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager
 Available Friday only: Gluten Free Pizza. Order Must be placed by Wednesday with Cafeteria Manager @ 978-264-4700 x3408
 Questions or Comments? Please contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221.

Cafeteria Manager hconley@abschools.org

Menu Subject to change without Notice. It is our Pleasure to Serve You!!

Visit our Website @ www.abschools.org/departments/foodservices/lunchmenus

Questions concerning Lunch Payments contact Lunchonline@abschools.org - An Equal Opporntity Employer