




GATES SCHOOL MAY 2015 MENU



Memorial Day May 25th

May Day May 1st

Weekly Offerings:	Monday	Tuesday	Wednesday	Thursday	Friday
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Meatball Sub	On May 5th the class with the highest lunch count will win Mexican Jumping Beans!!!!	Daily Menu Offerings: B: Sandwich of the Week C: Grilled Cheese on Wh. Wht. D: Chicken Caesar Salad E: Pizza (Mon-Thurs) F: Bagel w/Cream Cheese or Sunbutter & Yogurt		Fresh fruit and fresh Vegetables are offered Daily. Menu subject to Change without notice. Meals are planned to Meet the Dietary Guidelines.	1) School Lunch Hero Day Stuffed Crust Pizza Choice of Toppings: Cheese, Pepperoni or Veggie Tossed Salad Choice of Fruit
Faculty Lunch: Tossed Salad Sandwich of the Week: Hot Dog on Wheat Roll	4) Sticker Day! Asian Rice Bowl Chicken, Rice and Broccoli with Sauce in a Bowl Pineapple Chunks Fortune Cookie	5) Cinco De Mayo! Nachos Supreme Lean Beef or Vegetarian Refried Beans, Cheese Romaine, Tomato, Salsa  Tender Sweet Corn Choice of Fruit	6) Brunch for Lunch! Mini Pancakes with Syrup Warm Blueberry Topping Jones Light Sausage	7) Early Release No Lunch Served	8) Nardone's Pizza Wedge with Choice of Toppings Cheese, Sausage or Veg. Fresh Caesar Salad w/Romaine Lettuce A Variety of Fruit
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Yogurt Parfait with Muffin	11) Popcorn Chicken Smiley Fries Steamed Peas & Carrots Fresh Orange Smiles	12) Baked Mozzarella Sticks w/Marinara Sauce Tender Sweet Corn Choice of Fruit	13) Pasta Day! Whole Wheat Pasta w/ With choice of Meat or Marinara Sauce Warm Garlic Bread Steamed Broccoli Choice of Fruit	14) Brunch for Lunch! Waffle Sticks with Syrup Jones Light Sausage Baby Carrots Hashed Brown Potatoes Variety of Fruit	15) Uno's Pizza Choice of Toppings: Cheese, Pepperoni or Veggie Tossed Salad, Chic Peas Choice of Fruit
Faculty Lunch: Chef Salad Sandwich of the Week: Turkey and Cheese Sub	18) Backwards Day!! Indoor Cook-out! Burgercheese or Burgerveggie/Bun Or Dog Hot on a Bun Melonwater, Salad Pasta, Spears Pickle	19) Breakfast for Lunch Choice of Cereal also available *Gluten Free Chex Cereal Ham & Cheese Cubes Fresh Baby Carrots Strawberries	20) Chicken Patty on a Wheat Roll Lettuce & Tomatoes Vegetable Medley Variety of Fruit	21) Early Release No Lunch Served	22) Max Pizza Sticks with Marinara Sauce Tossed Salad w/Side of Chick Peas Choice of Fruit
Faculty Lunch: Chicken Caesar Salad Sandwich of the Week: Chicken Parmesan Sandwich	25) Memorial Day No School	26) Brunch for Lunch! French Toast Sticks w/Syrup Jones Light Sausage Baby Carrots Choice of Fruit	27) Kayem Light Hotdog on a Wheat Roll Vegetarian Baked Beans Fresh Celery & Grape Tomatoes	28) Crispy Chicken Nuggets Mashed Potatoes Steamed Broccoli Fresh Orange Smiles Blueberry Cake	29) Stuffed Crust Pizza Choice of Toppings: Cheese, Pepperoni or Veggie Tossed Salad Choice of Fruit

Available Daily: Gluten Free Turkey and Cheese Wrap in Brown Wrap Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available on Friday only: Gluten Free Pizza. Order must be placed by Wednesday with Cafeteria Manager

Cafeteria Manager Imccusker@abschools.org. Menu subject to Change without notice. It is our Pleasure to serve you!!

Visit our Website at www.abschools.org/departments/foodservices/lunch-menus.

For any Questions concerning Lunch Payments, contact Lunchonline@abschools.org.

Questions or Comments? Please Contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221. An Equal Opportunity Employer.