



R.J. GREY JHS MAY 2015 MENU



Breakfast available Daily \$1.75

Also, In addition to Main Lunch Assorted Salads, Wraps, Sandwiches, Subs and Gluten Free Options are available.

Memorial Day May 25th

Cinco De Mayo May 5th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fresh fruit and fresh Vegetables are offered Daily. Menu subject to Change without notice. Meals are planned to Meet the Dietary Guidelines.</p>		<p>A Special Thank You to 7th and 8th Graders who worked with us to plan this month's Menu!!</p>		<p>1) Big Daddy's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Sice of Chick Peas Seasonal Fruit</p>
<p>4) Crispy Chicken Nuggets with Dipping Sauce Whipped Potatoes Steamed Carrots Variety of Fruit</p>	<p>5) Tangy Barbeque Rib on a Whole Wheat Roll Baked Potato Wedges Tender Green Beans Chilled or Fresh Fruit</p>	<p>6) Brunch for Lunch French Toast Sticks Jones Light Sausage Hashbrown Potato Seasonal Fruit</p>	<p>7) Nachos Supreme! Lean Meat, Cheese Romaine, Tomato, Salsa Black Bean Salad Chilled or Fresh Fruit</p>	<p>8) Uno's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Side of Chick Peas Variety of Fruit</p>
<p>11) Something New! Mini Cheese Ravioli Marinara Sauce Garlic Bread Tossed Salad Variety of Fruit</p>	<p>12) Subs to Go! A variety of Subs or Baked Mozzarella Sticks Baked Potato Wedges Fresh Baby Carrots Variety of Fruit</p>	<p>13) Something New! General Tso Chicken Vegetable Lo Mein Variety of Fruit</p>	<p>14) Build your own Tacos or Cheese Quesadilla Lettuce, Tomato Cheese, Salsa, Sour Cream Black Bean Salad Choice of Fruit</p>	<p>15) Stuffed Crust Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Side of Chick Peas Variety of Fruit</p>
<p>18) Brunch for Lunch! Pancakes Choice of Toppings: Blueberry Topping or Strawberry Topping, Syrup Jones Light Sausage Hashbrown Potato</p>	<p>19) Build Your Own Burger! Hamburger/Cheeseburger on a Whole Wheat Roll Romaine, Tomato, Onion Pickles, Rst Sweet Potatoes Fruit</p>	<p>20) Baked Chicken Patty on a Whole Wheat Roll Romaine Lettuce & Tomato Pickles Fresh Celery Sticks Choice of Fruit</p>	<p>21) You asked for it!!! Rotini With Choice of Meat or Marinara Sauce Warm Garlic Bread Side Salad Variety of Fruit</p>	<p>22) Pizza Mania! Variety of Pizza Choice of Toppings Fresh Caesar Salad w/ Romaine Lettuce Side of Chick Peas Chilled Fruit</p>
<p>25) Memorial Day No School</p>	<p>26) Baked Chicken Patty on a Whole Wheat Roll Lettuce and Tomato Smiley Fries Fresh Carrot Sticks Choice of Fruit</p>	<p>27) Kayem Light Hot Dog on a Whole Wheat Roll Baked Potato Wedges Fresh Celery Sticks Variety of Fruit</p>	<p>28) Buffalo Chicken Wrap Romaine Lettuce, Tomato, Mild Salsa Black Bean Salad Chilled or Fresh Fruit</p>	<p>29) Nardone's Pizza w/ Choice of Toppings Fresh Caesar Salad w/ Romaine lettuce Side of Chick Peas Variety of Fruit</p>

Available Daily; Turkey and Cheese Wrap in Brown Rice Tortilla are available with 24 Hr. Notice to Cafeteria Manager

Available Friday only: Gluten Free Pizza. Order Must be placed by Wednesday with Cafeteria Manager @ 978-264-4700 x3408

Questions or Comments? Please contact Kirsten Nelson, Food Service Director at 978-264-4700 x 3221.

Cafeteria Manager jetibbetts@abschools.org

Menu Subject to change without Notice. It is our Pleasure to Serve You!!

Visit our Website @ www.abschools.org/departments/foodservices/lunchmenus

Questions concerning Lunch Payments contact Lunchonline@abschools.org - An Equal Opportunity Employer